



What's on February 2012

WWW.NPYMCA.ORG.NZ



Under 5s

Kindy Gym

Monday, Wednesday, Thursday and Saturday mornings 9.30-10.15am

45mins of games, songs and free play!

Cost: \$6.20 casual, 10 concession card \$46.20

Contact: Ngaere.Woodford@npymca.org.nz

Childcare Centres/Kindy's bookings available for Term 1! Contact us today!

Birthday Parties

Have a fantastic birthday party! Many options available such as room hire, food, climbing wall, Kindy Gym, Multi Sports etc.

Cost: From \$90

Contact: Jonathan.Orrell@npymca.org.nz

5-18 Year Olds

ENROL NOW FOR TERM 1!

Before and After School Care

Available at 11 primary schools.

Before and After School Care: 7:45-8:30am and 3:00-5:30pm at Welbourn and Woodleigh.

After School Care: 3:00- 5:30pm at Puketapu, Vogelstown, Spotswood, Fitzroy, Frankey, Westend, Mangorei, Westown.

Intermediate After School Programme

Run from the YMCA building. Children are collected from their school and have a range of activities, such as cooking, support with homework, climbing wall and stadium sports.

You may be eligible for a WINZ subsidy for after school care. Contact: oscar@npymca.org.nz or check out our website www.npymca.org.nz for fees and more information.

Funky Kids Climbing Clinics

Starts Wednesday 1 February

New climbers 3.30-4.30pm

Returning climbers 4.30-5.30pm

Cost: \$120 for 10 week Term.

Contact: Katrina.shepherd@npymca.org.nz

Multi-Sports

Starts Monday 13 February

3.30-4.15pm

For kids aged 5-8 with an aptitude for sport wanting extra skills. Grow their potential in a variety of different sports.

Cost: \$49 for the Term no casuals.

Contact: Jonathan.Orrell@npymca.org.nz

JOB VACANCIES

Kindy Gym

We have a position with Kindy Gym on Saturday mornings, would also include Birthday Parties bookings when needed which could be Saturday and Sunday. We are looking for someone who is mature, dedicated, very reliable, very outgoing, above average fitness to move equipment and loves children. If this sounds like you please contact: Jonathan.Orrell@npymca.org.nz

Gymnastics Term 2 and 3

We require an enthusiastic gymnastics teacher for Terms 2 and 3. Must be outgoing, confident, above average fitness to move equipment and available after school Mondays. We run a noncompetitive class. If this sounds like you please contact:

Jonathan.Orrell@npymca.org.nz

Part-Time Education Literacy/ Numeracy Tutor

The YMCA Education Department are looking for a part time Literacy and Numeracy Tutor to deliver quality education to our TEC funded programme students. Please contact Joanne.Dusterhoft@npymca.org.nz for more information.

Part-Time Education Programme Assistant/Van Driver

We are looking for a part time Young Mum's programme assistant who is able to pick up and drop off students and assist with the supervision of young children. Please contact Joanne.Dusterhoft@npymca.org.nz for more information.

For Everyone

Squash

3 great squash courts! Great membership rates, casuals always welcome!

Book a court! 758 3666

Contact: Ngaere.Woodford@npymca.org.nz

Climbing Wall

Thursday 5.30-8pm, Sunday 1.00-3.30pm

Come to public sessions or book for a private session, birthday parties, team building. 10 and 20 concession cards available.

Contact: Katrina.shepherd@npymca.org.nz

Badminton

Thursday 7-9pm

All new and existing players welcome.

Cost \$8 per person casual or \$75 for 10 concession card. Full memberships available.

Returning!

Yoga

Starts Wednesday 15 February

Adult Yoga

Great class for all, create a long lean body with strength from your core.

Wednesdays 5.30-6.30pm

\$100 for 10 concession card. \$15 casuals

New Mummy Moves

New Mums come bring your babies and discover a gradual way to regain fitness through moving with you baby, core work, yoga stretches and total body connectivity.

Wednesdays 10.30-11.30am

\$100 for 10 concession card. \$15 casuals

Summer Camp

A huge thank you to the children who attended and to our sponsors: The Mason Trust, The Tennent Family, Auld Brewer Mazengarb and McEwen and Caroline McLorinan. We had 22 children on camp and 6 volunteer youth leaders who had a fantastic time!

Education - Course available

Places still available for the following:

Contact: Eric.Kneepkens@npymca.org.nz

Certificate in Outdoor Recreation Level 3

An fantastic course for youth!

70% of the Certificate is practical based training in rock climbing, tramping, mountaineering, kayaking, adventure based learning. Relevant theory subjects studied are: Risk management, leadership, weather, trip planing and first aid.

Contact: Christine.Worsfold@npymca.org.nz

Y's Move

18 - 24yr olds employment preparation, WINZ referred, 26 weeks

Commencing 30 January

Youth Education and Development

NZQA qualifications available, 16 - 17yr olds, 44 weeks

Commencing 23 January

Courses also available:

National Certificate in Youthwork

Certificate in Sport and Recreation level 2

Fitness Centre

Something for everyone! Friendly atmosphere where you can use: Powerplate, Sauna, group fitness or just work out at the gym, all with great staff and NO binding contracts, free fitness consultation and programme.

Group Fitness -

T.H.A.T get the problem areas into shape!

Tuesday and Thursday 9.15-10.15am

Members: Free

Casual: \$10

YPump awesome fat burning, increase your strength!

Monday and Wednesday 5.30-6.30pm

Members: Free

Casual: \$10

Lunchtime Burn

Get out of the office and feel great!

Get an energy boost in the middle of the day!

Monday and Friday 12.15-12.45pm

Members: Free

Casual: \$5.20

Y's Balance

Mind, body, spirit. For stretch and strength.

Members: Free

Casual: \$10

Friday 10.30-11.30am

Body Shock

A full body intensive workout suitable for all fitness levels. It will shock you and you will love it!

Members: Free

Casual: \$10

Tuesday and Thursday 5.30-6.30pm

Body Buster

Get fit with the awesome boot camp style fitness regime. Contact us for course dates.

Monday, Wednesday and Fridays 6-7am

Powerplate

For all ages, lifestyles and physical abilities. It uses the principles of Acceleration Training to stimulate the body's natural response to vibration.

Members: Casual \$2 or \$18 for 10 concession

Non Members: \$8 or \$72 for 10 concession

Contact us for a booking 758 3666

FITNESS SPECIAL
NEW Year NEW You!
12 month full membership
\$399!*

*special valid until 5 February 2012.

NO binding contracts, free fitness consultation and programme!

Special corporate deals available!

See us for more information

Fitness Centre Hours

Monday-Thursday 6am-9pm

Friday 6am-8pm

Saturday 8am-3pm

Sunday 8.30-3pm



83 Liardet Street
New Plymouth
06 758 3666

we build strong **KIDS**
strong **FAMILIES**
strong **COMMUNITIES**